

Guildford Junior Ice Hockey Club

Changing Room Policy

Guidance for good practice and safeguarding linked to changing rooms.

The following policy is to support all adults and children within the GJIHC under safeguarding good practice. It is not only there to protect the children/ players, but also the adults in contact with them, including parents.

Universal Principals

Parents in changing rooms:

- For u9s and U11s - parents are allowed in the changing rooms to aid their children as required with dressing. Once their player has dressed they should leave.
- For U13s and above - Parents are not allowed in the changing room unless invited by an official or manager.

Parents are not allowed down the corridor by changing rooms before and after training and at games. If they are a parent of a child in the u11s and younger, and their child requires assistance in changing they may do so with a manager present then leave.

Players in the u13s and above are required to change without assistance from Parents / Guardians.

- All coaches, managers and off ice team officials are DBS checked. Where girls are in a team one of the DBS checked persons should be female.
- One adult should never be left alone in the presence of players. If a person finds they alone with players then they should ask for support from a DBS checked person. If this is not possible then help should be sought from another adult until a DBS checked person is available.
- Separate changing areas should be made available for male and female players both at home and away rinks. Where males and females dress together they must arrive and leave in a minimum of sweat suits.
- Girls should have their own changing area and enter the boys changing room once invited and only when all players are dressed in a minimum of sweat suits.
- No player should be asked or expected to change in a toilet.
- Adult officials (e.g. coaches, physios, match officials, other volunteers) should not change or shower at the same time using the same facility as the players.
- Parents do not have an automatic right to enter changing rooms.
- In the event of a player having to return to the changing room through injury they should be accompanied by their Manager and accompanying first aider or alternative adult. Who will in turn inform the parent or guardian.

- The use of sticks and pucks are not to be used in and around the changing rooms and the Spectrum facilities unless on the ice and or directed by coaches in an off-ice drill under controlled conditions.
- The use of Mobile phones and other recording equipment is banned in the changing rooms. A player who has brought their phone into the changing room must hand it to the manager or to their parent for safe keeping, were it will be returned at the end of training and or match. It is the player's responsibility to ask for their Phone to be returned
- If you arrive early or late to a training session or game and another age group is using the changing area, then you must consult your managers or coaches about using an alternative changing area.
- Home changing room priority is given to teams coming onto the ice for a game. Therefore, players coming off the ice may have to wait for the changing areas to become available. This is to allow players to focus on the upcoming game.
- When kit bags are removed from the changing room they should not be left in the laundry room / office or block any fire exits. Best practice is to stack in hall way.
- Kit bags are the property of the individual player and therefore no one has the right to enter into another player's kit bag without prior consent from that individual. If a player chooses to remove or to interfere with another players kit bag they will be sent home.

Age Related Principles

Under u9s and u11s

Although it is good practice to have only Coaches and or 2 DBS checked support persons in the changing room it is understood that young players may need support with dressing.

It is recommended that only 1 parent or adult guardian may help dress a player. Once dressing is completed then the parent / guardian must leave the dressing room, leaving players in the care of coaches and managers. They will call a parent back into room should further assistance be needed.

Tuesday evening and Sunday morning trainings:

Nominated changing rooms should be used. Managers and DBS nominated people should check that children are behaving appropriately.

All parents need to be aware that if their child is training or playing up they are not allowed into the u13 changing room and corridor as guidelines for u13s apply.

Under 13s and above:

It is good practice to have only Coaches and 2 DBS checked support persons in the changing room and corridor.

U13s should not need parental support with dressing and parents/guardians should not be needed in dressing rooms. Parents should raise any issues with managers and coaches.

Skate tying support can be completed outside the changing room by parents if required.

Tuesday evening and Sunday morning trainings:

Nominated changing rooms should be used. Managers and DBS nominated people should check that children are behaving appropriately.

All age groups

If the changing areas are to be used by the other Skating Clubs after the GJIHC, they need to be cleared of players and possessions before the end of the ice hockey training session and Rubbish put into bins. All changing rooms should be left Clean and tidy.