



SOCIAL MEDIA ADVICE FOR JUNIOR PLAYERS

Introduction

The aim of this advice is to provide junior hockey players with guidance on how to keep themselves and others safe when using social media.

The purpose of this is to ensure that players do not leave themselves open to any allegation of misconduct, put themselves or others at risk of abuse, and do not bring their club or the EIHA into disrepute.

The EIHA recognises that the use of social media can be an important means of communication and support, and we do not want to prevent its use, but we do expect players to uphold the EIHA's values and standards of conduct in their social media usage.

Social media in this context includes:

- Social networking sites e.g. Bebo, Facebook, Piczo, Hi5 and MySpace.
- Micro-blogging services e.g. Twitter.
- Video-sharing services e.g. You Tube.
- Photo-sharing services e.g. Flickr, Snapchat.
- Online games and virtual reality e.g. second life.
- Blogs and fora such as THF.

Advice

To keep yourself and others safe online:

- Don't post any personal information online – like your address, email address or mobile number.
- Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- Don't post pictures or videos of other people without their permission.

- Keep your privacy settings as high as possible.
- Never give out your passwords.
- Don't befriend people you don't know.
- Don't request, Friend etc your coach, manager or other person over 18.
- Don't meet up with people you've met online. Speak to your parent or another adult you trust about people suggesting you do.
- Remember that not everyone online is who they say they are.
- Think carefully about what you say before you post something online. Things you post online can stay there forever or other people may share or screenshot them.
- Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude.
- If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted adult immediately.
- Don't send friend requests to, or follow, and adults involved with your club, such as coaches or volunteers.
- Don't use your social media to criticise or bully any other players or your coaches and managers.

Remember, be SMART online!

- ✓ **S**afe - do I feel safe online?
- ✓ **M**eeting - should I meet someone that I don't know in the real world?
- ✓ **A**ccepting - be careful what you click on!
- ✓ **R**eliable - can you be sure what you read on the internet is true?
- ✓ **T**ell - if something online makes you feel uncomfortable then tell an adult.

Any players who are found to have acted outside this guidance may be subject to disciplinary proceedings within their club.

The EIHA is committed to regular review of its policies and procedures. Overall responsibility for this policy and its implementation lies with:	
Adopted on	
Last reviewed	